



## daily GOOD

There are two ways of exerting one's strength: one is pushing down, the other is pulling up. --Booker T. Washington

### **Man Lifts Car to Save Boy**

Tom Boyle and his wife were leaving a shopping center when they saw a young man pinned underneath a car and shrieking for help. "As soon as I get to the car, the boy is just screaming his head off, and I could tell he was in a lot of pain," Boyle said. His fatherly instincts kicked in, and adrenalin rushing, Boyle did the only thing he could do: he lifted the car! "As I was lifting the front end of the car off of him, he was just saying, 'Mister, mister, higher, higher.'" Boyle then held the boy until paramedics arrived. "All I could think is, what if that was my son," he said. "I'd want someone to do the same for him, to take the time and rub his head and make him feel good until help arrived."

### **Be The Change:**

Challenge assumptions you may have about your own strength in the face of someone's need.